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Mysore Gurupujas - 2012

Discourse 3

In Master's Yoga path, the families that walk the path, master has blessed them in abundance. Not just individual in abundance, but the whole generations. The abundance is spread over 7 generations, 3 in the past and 3 in the future. If the husband starts the yoga, the wife starts gradually. If both of them do then the children start doing.

There is no rejection of people or beings in the path of master yoga. Even if there are differences or oppositions we should include them and proceed. This is because even the people opposing are the children of god. If in the body there is a situation of inconvenience then we should not reject it, it is to be accommodated. If the digestive system is not well, heart is not fine or lungs are not fine or even if a nail is not well, we will think of mending it, we will not cut it off, if we do so we will be left with nothing. If the son does not behave well, does the mother reject the child? Even if father is not favorable, mother tries to bridge the gap by telling good words about the son. If the other person is not doing prayers as regularly as you do, or if he is not as virtuous as you are, but still he will have some virtues, so in the path of master there is no question of rejecting any one. The world mother rejects nobody, she takes care of the snake, eagle, rat and the cat and the alike. If we observe the nature we will see how much it accepts everything. Even master has such grace and acceptance of every one. If someone makes a mistake the master corrects it and accepts such disciples. There is no condemning by master.

There is a story, a set of masons try to build a building, and were cutting the stone to measurements as per plan. While working like that, a mason from distant land with lot of devotion prepares a stone and with lot of difficulty brings it to the construction. The people in the group of masons, say it is not made to our spec and will reject it for the temple construction. Then the person from the distant land says if you say so, I shall take back the stone to my place. Then the construction continues for 30 years, by the time of completion they were short of one stone. They try to make the stone of the required dimensions, but they fail for 7 times. They face lot of difficulty in doing that. Then they pray to the lord for whom the temple is being built. And ask for forgiveness for some sin they have committed unknowingly. Then an elderly person gets a dream and he sees the rejection of the stone by the team. He talks to the team the next day and says that may be only that stone will complete the temple. Let us find the person and try to complete the temple. They do not know who that person was; they don't know any details of the person. They all go in different directions to find the person, since they try it with sincerity; they find the person after 7 years. They inquire about the stone and request him for the stone he prepared. He then says that "You have told me this stone will not fit your temple". The masons confess their mistake and request again to provide the stone or make one more and provide

them. And request him to be with them as part of them and to help them with the stone. In fact the stone is not important, but the person is. If the group has to build a temple, it has to accept all. The masons say, “If you have the stone, you and stone come together or if the stone is not there, you come with us”. Pleased with this request, the mason of the distant land says I knew that you would return some day and hence I have preserved it. Since your request is fair and you have accepted me you will get to take the stone. He starts searching in the store for the stone and in the process arranges the whole store neatly. The mason of the distant land is pleased with this and says to the mason that you are a “true mason”.

Recently one message is sent by a young brother “People generally love things and use people, but you should love people and use things”. You should never reject people. If you do so, you will be rejected by the master. So, as much as possible include people and move forward. There is no question of survival of the fittest. You should always include everybody. The survival of the fittest is a military thing. The cow herd will guide the herd from behind taking care of not leaving any one behind. In common understanding we are accustomed to lead from front, or compete in all aspects like education, marriage and begetting children. You should always try to include anybody. That does not mean you should do badly in your education or employment. It means you should put yourself after others not the other way round.

The guest has to be fed before; the host should not eat before the guest. These days people do not follow this they eat before the guest and give some “valid” (read silly) reason. Having the attitude of feeding others and including others is what is demonstrated by the cow herd (krishna) and the Shepherd (the Christ).

This is demonstrated by the masters very well. If you don’t take care of the people who work for you or who are dependent on you or who are old and elder, master will not bless you. The more you include the more the master will be happy with you. This is a main principle of yoga of synthesis.

Even if others have a feeling of animosity to you, you should still include them. If somebody has animosity you need not have that. That is why Yudhistira is liked by Lord. He is called ‘the one with no enemies’. Yudhistira (eldest of Pandavas), has this ability to include every one even when they have done grave injustice towards him. Even the lord is pleased with it.

It is the first sloka of the bhakhi yoga chapter in Bhagavatgita. Following this is not as simple as it is said (including others), we cannot tolerate our neighbors leave alone everyone. The more acceptances you have the better off you are. This is the first tenant of Patanjali yoga. This is what Christ has told as ‘Love thy neighbor’. Human mind is such that it will get doubt if it is right side neighbor or left side :)

Jesus tells a story. One man in summer is walking and falls down due to sun stroke. A passer by saw and went off, a prince saw and went off, a wealthy man just went by, one man on a donkey stopped and took care of the person and took him to the village. The one who fell down is the neighbor. So neighbor is the one who is in need. Not knowing such basic tenants whatever we do in the name of yoga is not progressive in the eyes of master.

Shutting off from the world and meditating is not useful. Once a senior engineer after 5 days of hectic job, came to Master EK and said, “it was very difficult 5 days as food and shelter was not proper”. Then master EK asked “Did you ever take care of your driver? Did you check if he had food regularly?” The engineer was taken back. Master instructed him to pay attention to the people dependent on him.

If you do so only then the master takes care of you. Otherwise it will not be fruitful. If you take care of other beings and co-operate with them, especially with the people who are weaker than you in terms of intellect, money and power, then the master who is more powerful than you will take care of you. If you follow such basic principles then there is progress.

Don't help one person and starting thinking on how much progress you have made in path of yoga, it should be a continuous practice. It is like skipping one breakfast and thinking that we are progressing in our diet plan and reducing weight.

In Master CVV yoga, helping others is as important as prayer. That is why master says that you should always a hand that gives and not asks. Master says “My disciples should be the kings and not beggars; they should not be seeking others. They should always be able to give and not seek. There are some masters who look like beggars but they are actually are the kings for they seek not from anybody. If anybody offers they accept because it provides the opportunity for the giver to overcome karma.

Vamana (an avatar of Vishnu) also demonstrated this. He says to king Bali that he does not need anything. Then Bali feels that he should still give something to Vamana, so he requests him again and again to ask for something. Here the one who wants to donate becomes a beggar because he is begging Vamana to accept something from here. See the inversion here.

Such is the story of Kuchela also; he is not concerned about his wealth. But the others around think that he is in difficulties. Kuchela does not have that feeling. He will be getting what he needs for the day somehow and hence he does not bother. This is not comprehended by others. The wealthy might still have a desire for more. That is why the rich nations continue to gain from other nations.

That is why master says “If you wish to follow me, never ask anything from anybody. If you follow me, I will take care of you.” In this manner Kuchela was taken care of.

In this manner, this second principle, in the path of master will lead you to progress. This is what Jesus meant when he said “I am the king of kings for the invisible kingdom”. If you have to be like that, you should follow this second principle of giving to others rather than seeking. Whatever you have please distribute it, if you know Homeopathy distribute it, if you have wealth distribute it, if you have knowledge distribute it.

The other principle is “See me in all”. Here ‘ME’ is the universal consciousness. In the morning lecture I told about that principle.

In general, people with great difficulty will follow one principle. We should have to balance and follow all the three. If we do so we will make progress in the path of the master. This has to be done on a daily basis.

The 3 principles are:

- 1) Seeing the Brahman (THAT) in all
- 2) Offering but not seeking
- 3) Third is prayer.

If we follow the three we will be making comprehensive progressive. All the concepts we have finally boil down to these three. We have to learn to “BE”, we have to repeat the same time and again so that we recollect. Each one has to do on their own this attempt to follow the three principles.

-Swasthi